



# The San Francisco Tesla Society



October 13, 2013 - Free Lecture Presentation at  
Trade Hill - 2415 Mission Street (near 20<sup>th</sup> Street), San Francisco, CA  
Call our Hotline (415) 820-1451 for more information.

Sunday, October 13, 2013 1 p.m. - 5 p.m.

**BOB WHITEHOUSE, Ed.D.** presents "**Arthur Young's Theory of Process (TOP) Revealed as a Scientific Paradigm for Spirit In Matter**". Dr. Bob Whitehouse follows in the footsteps of Dr. Michael Buchele and Hummix, Ph.D. as the third SF Tesla Society presenter to discuss scientific aspects of Arthur Young's Theory of Process. Arthur Young was a significant inventor scientist responsible for the development of the Bell helicopter. Like Nikola Tesla and so many other significant inventor scientists, Arthur Young had a great desire to research technologies, theories and spiritual disciplines that could further the general development of mankind. Arthur Young's most significant contribution in this area was his "Theory of Process".

Dr. Whitehouse will review Arthur Young's Seven Stage Theory of (Evolutionary) Process and the primacy of the photon (Light) manifest in an unfolding toroidal spiral foundation of "sacred" geometric patterns associated with evolution of the material Universe and consciousness--bridging Science with Spirit, leading us to our current Turning Point.

Young's last intuition was that the torus "is a likely candidate for the 'form' of a photon", the smallest of which has infinite energy, therefore qualifying as first cause, Creation's Big Flash (Bang). Building on this, Whitehouse will graphically show how Light's Quantum of Action-Angular Momentum-Rotation spirals out from its one point no-thingness with all power, creating Time, then Space, then Space-Time, all in the sacred geometric divine proportion (phi ratio) (or approximate) that not only creates all, but also fills all that is in the universe with light. "God is Light" religious implications will be explored and Whitehouse will propose a possible resolution to the question of Immanence or Transcendence.

Shapes predicted by Relativity and Quantum theories are shown by Young's discoveries to come together in the form of a particular torus, embedded at all scales of organized matter and spirit. Seven evolutionary stages for torus based "matter" and "spirit" are associated. These fundamental seven stages effectively describe and dictate general evolution, human development and the movement of history.

At all developmental scales of matter and spirit, a remarkable caterpillar to butterfly like turning point rebirth occurs at the middle of the 4th evolutionary stage. In the evolution of matter, this turning point occurs when complex molecules organize to the point where their pattern is constrained to fixed crystallizations or quickened to become self replicating (alive). In the evolution of spirit, this turning point is sometimes referred as a rebirth of consciousness when spirit becomes more "alive".

The chaos that accompanies the Turning Point is predictive. It provides reasonable hope that we can and will evolve to a higher stage and level of function. Part of the challenge at this 4th stage turning point is to let go of what is not sustainable, and to master the principles of more enlightening developmental combinations.

In the second half of the presentation, Bob Whitehouse will use Biofeedback monitors to measure and modify Heart Rate Variability (HRV) and Capnometry (a measurement of breathing chemistry ETCO<sub>2</sub>). Bob will demonstrate how to synchronize proper breathing to attain harmonic alignment with your heart's resonance frequency for peak mental and physical efficiency.

Bob Whitehouse, Ed.D. is a licensed psychologist, biofeedback specialist, emeritus professor of psychology, and former sport and performance psychology Biofeedback Asst. Professor. He sees clients for therapy and for peak performance strategies utilizing Heart Rate Variability and Capnometry biofeedback as part of his practice. He gives talks and workshops locally and around the world. He is writing a book called *The TORUS Project: Evolution of Consciousness at the TURN, New Reason to Hope*.

Affordable parking is available a half block away at 2315 Mission St. between 19th & 20th St.

For more information about the San Francisco Tesla Society, call (415) 820-1451 or visit us on the Internet at [www.sftesla.org](http://www.sftesla.org) where you can email us and see free videos of past presentations.